

Michelle Gannon, Ph.D.
417 Spruce Street
San Francisco, California 94118
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PROFESSIONAL EXPERIENCE

- 2016- present **Rising Strong™ Workshop Leader-** Workshops based on the work of Brené Brown and led by Michelle Gannon, Ph.D. & Beth Jaeger-Skigen, LCSW (San Francisco, Marin, Esalen & Internationally) RiseStrongWorkshop.com
- 1993- present **Psychologist**
San Francisco Private Practice

Individual and Couples Therapy (San Francisco, CA)
- 2012- present **Certified Supervisor & Therapist in Emotionally Focused Therapy and Certified Daring Way™ & Rising Strong™ Facilitator**
- 2012- present **Hold Me Tight® Workshop Leader for Couples**
Couples Workshops based on the Emotionally Focused Therapy (EFT) Model and the work of Sue Johnson and led by Michelle Gannon, Ph.D. & Sam Jinich, Ph.D. (San Francisco, Marin, Esalen & Internationally) HoldMeTightWorkshop.com
- 1999- 2016 **Marriage Prep 101 Founder/Workshop Leader**
Award Winning Marriage Prep 101 Workshops for Engaged, Newlywed and Seriously Dating Couples. Co-Led over 150 Workshops with 2000 Couples. Led by Michelle Gannon, Ph.D. & Patrick Gannon, Ph.D. (San Francisco, CA)
- 1997-2001 Couples Communication Instructor
Kaiser Permanente Medical Center
(San Francisco, CA)
- 1996-1998 Adjunct Clinical Faculty
California School of Professional Psychology
(Alameda, CA)
- 1993-1994 Postdoctoral Fellow
Kaiser Permanente Medical Center
(Oakland, CA)

1992-1993 Psychology Intern
California Pacific Medical Center (San Francisco, CA)

1990-1991 Psychology Intern
CSPP-Psychological Services Center
(Berkeley, CA)

1989-1991 Counselor
Gladman Memorial Hospital (Oakland, CA)

1989-1990 Family Therapist Intern
North Peninsula Family Alternatives
(Millbrae, CA)

1985- 1987 Milieu Therapist
Grant Center Psychiatric Hospital
(Miami, Florida)

1986-1987 Senior Counselor with Gifted Children
University of Toronto Summer Academy
(Toronto, Canada)

1986-1987 Coordinator of Peer Counseling Service
University of Toronto
(Toronto, Canada)

1986- 1987 Academic Director
University of Toronto
(Toronto, Canada)

1984- 1986 Residence Advisor
University of Toronto
(Toronto, Canada)

RESEARCH EXPERIENCE

1994 **Kaiser Permanente Medical Center, San Francisco**
-Member of research team studying medical and psychological issues of sexual abuse survivors.

1992 **Doctoral Dissertation**

"Child Psychotherapy Outcome: An Evaluation of a School-based Psychotherapy Program"

- 1990 **Stanford University, Children' Health Council**
-Research assistant in a psychotherapy program evaluation
- 1990 **Dunsmuir Research Project**

-Member of research team evaluating the psychological and physiological effects of a toxic spill into the Sacramento river.
- 1989 **University of California, San Francisco**

Adolescents and Families Project (NIMH funded project)
-Member of research team evaluating interactions of substance abusing adolescents and their families.
- 1986 **University of Toronto**

Psychology Thesis: "Test Anxiety and Intrinsic Motivation in College Students"

ADDITIONAL TEACHING AND SUPERVISORY EXPERIENCE

- 2014-present **San Francisco Center for EFT Faculty**

Introduction to Emotionally Focused Therapy (EFT)

Forgiveness Training for Therapists

Attunement Training for Therapists

EFT Certification Intensive

Emotionally Focused Therapy (EFT) Advanced Core Skills
- 2002 Presenter
Smart Marriages National Conference (Washington, D.C.)
- 1997-2001 Couples Communication Instructor
Kaiser Permanente Medical Center (San Francisco, CA)
- 2000-2001 Board Member & Newsletter Co-Editor
San Francisco Psychological Association
- 1996 Adjunct Clinical Faculty
California School of Professional Psychology

- 1996 Guest Lecturer
California School of Professional Psychology
Child Abuse Workshop
- 1996 Guest Lecturer
New College of California
Couples Therapy
- 1996 Guest Lecturer
California School of Professional Psychology
Observation and Interviewing Skills
- 1995 Guest Presenter
California School of Professional Psychology
"Introduction to Eye Movement Desensitization and Reprocessing
(EMDR)"
- 1995 Workshop Leader
Alumnae Resources, Career Development Center
"Coping with the Stress of a Job Search"
- 1995 Guest Presenter
Kaiser Permanente Medical Center
"Introduction to Eye Movement Desensitization and Reprocessing
(EMDR)"
- 1990 Teaching Assistant
California School of Professional Psychology
Intelligence Testing Practicum
- 1987 Teaching Assistant
University of Toronto
Introductory Psychology Class

REFERENCES AVAILABLE ON REQUEST